

# Holderness Recreation Swimming Lessons 2006

## Registration Form

Swimming for kids will be offered for two-weeks Monday - Thursday through the Holderness Recreation Department. **Wk 1 will be July 17<sup>th</sup> – 20<sup>th</sup> and Wk 2 will be July 24<sup>th</sup> – 27<sup>th</sup>.** Lessons are offered for children ages 4 years and up. Classes run for ½ hour each day. The first day is a skill test day for the instructor to determine which level your child should be in. The cost for the two-week program is \$47 for residents and \$57 for non-residents. Please make checks payable and mail to Holderness Recreation Department, P.O. Box 203, Holderness, NH 03245. Registration forms are available at [www.holderness-nh.gov](http://www.holderness-nh.gov), Town Hall, and the Post Office. For more information, please call Wendy Werner at 603-968-3700

**Participant's Name:** \_\_\_\_\_  
**Swimming Level (if known)** \_\_\_\_\_  
**Mailing Address:** \_\_\_\_\_ **Town** \_\_\_\_\_ **Zip** \_\_\_\_\_  
**Physical Address:** \_\_\_\_\_ **Town** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_  
**E-mail Address** \_\_\_\_\_  
**Emergency Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**Allergies/Medications/Medical Issues:** \_\_\_\_\_  
\_\_\_\_\_

### For Minors:

**Parent/Gardian:** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**Alt. Phone:** \_\_\_\_\_  
**Age of minor:** \_\_\_\_\_ **Grade(in Fall):** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

#### ALL SWIMMERS:

On the first day of the program, everyone should arrive according to age in the appropriate time slot.  
Swimmers ages **4 & 5 @ 11:30 AM.** Swimmers  
ages **6 & 7 @ 12:30 PM** and Swimmers ages  
**8 and up 1:30 PM.**

During this time period, swimmers will be evaluated for their level and lesson times will be assigned for the remainder of the two-week session.

#### NON-RESIDENTS:

Please note that you will be given a colored Non-resident pass for the 2 weeks of lessons. **You may arrive 15 minutes prior to your lesson and must leave 15 minutes after your lesson.** You may not come to the beach earlier or stay later. Also please note that you should come only with the children that are in the lesson, and not additional family members.  
Thank you in advance for your cooperation!

### Holderness Recreation Release Of All Claims

In consideration of the permission granted for the above named participant to take part in the above named Recreation Program, I here by release for myself and my heirs, the Town of Holderness, its agents, employees, volunteers, and other program participants, from all actions, damages, claims, and negligence, which may result in personal injuries and/or damages.

I recognize there may be inherent dangers in participating in a Recreation Program, which may present strain on the body and its parts, and furthermore, I represent to the best of my knowledge, the participant is in proper physical condition to allow participation. I assume all risks associated with participation in this program.

I understand that, in case of an emergency, Holderness Recreation will attempt to contact the person identified as the "emergency contact". In the event of a medical emergency, I consent to the participant's treatment by a medical doctor and I agree to be responsible for all costs associated with said treatment, including transportation to a medical facility.

I the undersigned, here read this release and understand all its terms and implications. I hereby execute this release of my own free will and with full knowledge of its significance.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Please Print Name:** \_\_\_\_\_

